



# Perth Amboy High School



## Athletic Department

# FREE SPORTS PHYSICALS

(Football, Boys Soccer, Girls Soccer, Girls Tennis,  
Girls Volleyball, Boys/Girls Cross Country, Unified Soccer)

**Saturday, July 16<sup>th</sup>**

**9:00AM – 1:00PM**

**Saturday July 23<sup>rd</sup>**

**9:00AM - 1:00PM**

**Monday July 25<sup>th</sup>**

**4:30PM – 7:30PM**

**FIRST COME!**

**FIRST SERVE!**

**NO APPOINTMENTS!**

**Location: Dr. Herbert N. Richardson School Health Center**

(318 Stockton Street, Perth Amboy, NJ 08861)

**Please pick up a sports physical packet @ Perth Amboy High School OR Download the physical packet from PAHS Athletic Website**

**Physical packet MUST be filled out and all paperwork signed by a Parent/Guardian BEFORE you arrive for a free physical.**

**Any questions, please contact the School Nurse or Athletic Trainer**

**School Nurse's Office**

(732) 376-6030 Ext. 23-415 or Ext. 23-416

**Athletic Trainer, Dominic Valentin**

(732) 376-6030 Ext. 23-446